

Barbara Zajdel, DO,

After graduating with a bachelors degree from Michigan State University in 1995, Barbara Zajdel attended the University of New England College of Osteopathic Medicine. She completed her Doctor Of Osteopathy in 1999 and returned to Michigan for her internship and Family Medicine residency at Garden City Hospital. Upon completion of her Family Medicine training in 2002 she went to the University of North Texas Health Science Center-Texas College of Osteopathic Medicine/Osteopathic Medical Center of Texas for her Plus One Residency program for NMM-OMM. She completed her NMM-OMM residency training in 2003 at Mercy General Health Partners in Muskegon, Michigan. Since then she has been working as an OMM specialist. She currently has an office based practice in Farmington Hills, Michigan and is affiliated with Botsford Hospital. There she runs an in-patient consultation service for the Integrated Family Medicine-Neuromusculoskeletal Medicine-Osteopathic Manipulative Medicine residency program providing OMT for hospitalized patients. In 2009 she became an Assistant Professor at Michigan State University College of Osteopathic Medicine and actively teaches 1st and 2nd year medical students in the OMM at MSUCOM-DMC. She also is the faculty advisor for the MSUCOM free OMM student clinic at the DMC. Dr. Zajdel has been providing Osteopathic oriented lectures and training for house staff and physicians at local hospitals since completing her postgraduate training.