

Hello, my name is Benjamin Bolcer and I am a soon-to-be graduate from Michigan State's College of Osteopathic Medicine with plans of matching into a Family Medicine residency here in Michigan. I hope to further my career in functional, integrative, and osteopathic manipulative medicine built from the foundation of a family medicine perspective. Prior to and during medical school, I worked as an RN in the Emergency and Critical Care settings. My passion and why I will be speaking at the Spring MOA lies in nutrition, wellness, and health. For me, wellness has always related to the health of our environment and, more specifically, to that of our soils. I completed a Master's in Biology at Northern Michigan University where I studied the relationships between soil health and human health with a focus on the microbiome. During this time, I also spent several years working on a local organic farm. I am excited to share some of what I've learned thus far in hopes we all can grow ourselves and our patients healthier and stronger together.