

MICHIGAN OSTEOPATHIC ASSOCIATION



**124TH ANNUAL  
SPRING CONFERENCE**



# PROGRAM

**May 18-21, 2023**

Westin Southfield Detroit

**30 AOA Category 1-A Credits**

**30 AMA PRA Category 1 Credit(s)<sup>TM</sup>**

**MOBILE SITE:**

**agenda, speakers, evaluation**

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Welcome to the Michigan Osteopathic Association (MOA) 124th Annual Spring Conference! We are excited to be meeting in person again during the state's largest osteopathic medical conference May 18-21, 2023 while celebrating MOA's 125th Anniversary!

This year's conference includes continuing medical education topics on OMM, cardiology, lifestyle & functional medicine, infectious disease, thyroid disorder, women in medicine, emergency medicine, neurology, pediatrics, MI LARA requirements, and more. The MOA is also hosting a scientific research exhibit competition, exhibitors, product theaters and receptions over four days.

MOA provides an electronic evaluation system that allows you to attest your attendance and claim your CME certificate by logging into the MOA Learning Center. Upon completion of the evaluation process, your CME will be submitted to the AOA. Your feedback is appreciated and beneficial to the education committee in developing future programs.

Thank you for joining us, we hope you enjoy the conference and networking with your colleagues!

### *Thank you to the MOA Education Committee!*

This comprehensive program was planned by a volunteer committee of Osteopathic Physicians, Residents, Interns and Students. Your work is appreciated!

#### **SPRING EXHIBITOR TIMES**

Thursday, May 18 | 4 - 7 pm

Friday, May 19 | 6:30 am - 6 pm

Saturday, May 20 | 6:30 am - 6 pm

*Visit 5 exhibitors for a chance to win! Prizes include MOA Spring and Autumn Conference registration, restaurant gift cards & more!*

Attest your participation by completing evaluations and claiming your certificate by logging into the MOA Learning Center:

## Michigan Osteopathic Association Learning Center

Spring 2023 Evaluations go to [www.cmelearningcenter.com](http://www.cmelearningcenter.com)

CME Information available at [www.domoa.org/CMEinfo](http://www.domoa.org/CMEinfo)



**CHECK OUT THE SPRING CONFERENCE MOBILE SITE!**

- Daily agenda • Speaker handouts
- Event details • Evaluation link

**MOASPRING.COM**

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**moa2023**

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## Michigan Osteopathic Association Learning Center

MOA on demand CME programs available 24/7/365

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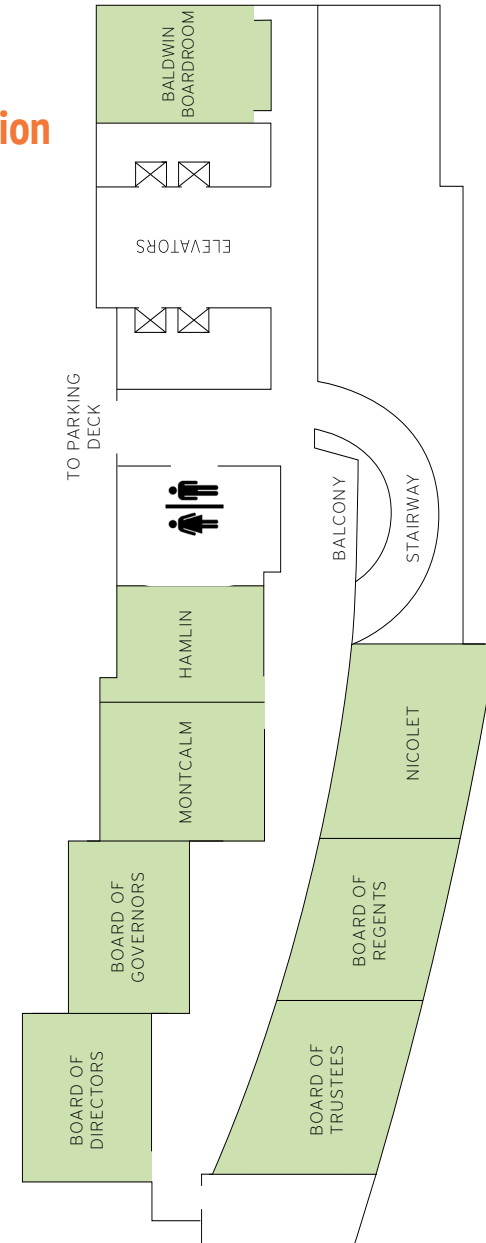
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# Thursday, May 18 Sessions (3 Credits)

Subject to change, visit [moaspring.com](http://moaspring.com) for any updates.

EVENT	TIME	ROOM
Registration Hours	3-7 pm	Foyer
Visit with Exhibitors	4-7 pm	Foyer

**4 - 7 PM • Algonquin**  
Moderator: Mary Goldman, DO

**4 pm • Algonquin**  
**OMM Billing & Coding**  
M. Shane Patterson, DO

**4:55 pm**  
**Break / Visit with Exhibitors**

**5:05 pm • Algonquin**  
**Cranial OMM**  
Barbara Zajdel, DO, FAAO

**6 pm • Algonquin**  
**Thyroid & OMM**  
Mary Goldman, DO

**7 pm • Algonquin**  
Sessions Conclude

## MOA Scientific Research Exhibit Competition

Friday, May 19 at 8 am-11 am in TC's Room

Posters on display, stop by and show your support!  
SRE Participant Directory at  
[www.domoa.org/SRE-2023-Spring-Finalists](http://www.domoa.org/SRE-2023-Spring-Finalists)

Thank You MOA Spring 2023 SRE Judges & Participants!

JOIN US LIVE!

## LEARN MORE AS WE EXPLORE DUPIXENT

Friday, May 19, 2023  
6:30 AM - 7:30 AM ET  
Charlevoix Room  
The Westin Southfield Detroit  
Southfield, MI



PRESENTED BY:



Gregory Bensch, MD  
Stockton, CA

This is a non-CME event sponsored by Sanofi and Regeneron.

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# Friday, May 19 Sessions (9 Credits)

Subject to change, visit moaspring.com for any updates.

EVENT	TIME	ROOM
Registration Hours	6:30 am-6 pm	Foyer
Breakfast Product Theater	6:30-7:30 am	Charlevoix
Visit with Exhibitors	6:30 am-6 pm	Foyer
CME Sessions	7:30 am-6 pm	Algonquin
Scientific Research Competition	8 am-11 am	TC's Room
Student Track	1:30-6 pm	Portage
Luncheon & CME	12:15-1:15 pm	Algonquin
49ers Business Meeting/Reception	4-6 pm	Windover
MSUCOM Reception	5-6:30 pm	Charlevoix
Women of Excellence Reception	6-7 pm	Algonquin
President's Reception-Honoring Andrew Adair, DO, FAAFP, FACOF	7-9 pm	TC's Room

## 6:30 am • Charlevoix

**Breakfast Product Theater by Regeneron (non CME)**

## 7:30 AM - 11:30 AM • Algonquin

Moderator: Chad Link, DO, FACC, FACOI

## 7:30 am • Algonquin

**Cardiac Arrhythmias: What the Primary Care Provider Needs to Know**

Chad Link, DO, FACC, FACOI

## 8:25 am • Foyer

**Break / Visit with Exhibitors**

## 8:35 am • Algonquin

**Preventative Cardiology: The European Perspective**

Adam Wolfe, DO

## 9:30 am • Algonquin

**TEE for the Non-Cardiologist**

Appa Bandi, MD, FACC

## 10:25 am • Foyer

**Break / Visit with Exhibitors**

FRIDAY AGENDA CONTINUED ON PAGE 10

# STUDENT TRACK

FRIDAY, MAY 19 | 1:30-6:00PM  
PORTAGE AUDITORIUM

12:15-1:15 - **LUNCH**  
(FOR REGISTERED STUDENTS)

1:30-2:30 - **Q&A PANEL DISCUSSION**  
(4TH YEAR STUDENTS & RESIDENTS)

2:30-3:10 - **LIFESTYLE MEDICINE**  
(M. ELIZABETH SWENOR, DO)

3:10-3:50 - **PERSONAL FINANCE**  
(MR. STEVEN GUIPE, MANER COSTERISAN)

3:50-4:30 - **HEALTH DISPARITIES**  
(ANISSA MATTISON, DO)

4:30-6:00 - **HANDS ON OMM/ACUPUNCTURE**  
(MARY GOLDMAN, DO & LAWRENCE PROKOP, DO)

## Women of Excellence

*Join us for a reception to recognize the significant contributions of women in the medical field.*

HONORING  
**BARBARA ROSS-LEE, DO, FACOF**

*All are welcome, no ticket required.*

6-7 pm,  
Friday, May 19  
Algonquin

## Friday, May 19 Sessions (9 Credits)

Subject to change, visit [moaspring.com](http://moaspring.com) for any updates.

**10:35 am • Algonquin**

**Structural Heart Diseases for the Non-Cardiologists**

Mohammed Qintar, MD

**11:30 am-12:15 pm • Foyer**

**Break / Visit with Exhibitors**

**12:15-1:15 pm • Algonquin**

**Luncheon: AOA Update**

Ernest R. Gelb, DO, FACOFP

Moderator: Kathleen Rollinger, DO

**1:15-2 pm • Foyer**

**Break / Visit with Exhibitors**

**2 PM - 6 PM • Algonquin**

Moderator: Kathleen Rollinger, DO

**2 pm • Algonquin**

**Obesity & Medications**

Michael Brennan, DO

**3 pm • Algonquin**

**Thyroid Disorder**

Michael Brennan, DO

**3:55 pm • Foyer**

**Break / Visit with Exhibitors**

**4:05 pm • Algonquin**

**Strong Roots: The Foundation of Women in Medicine**

Kathleen Rollinger, DO; Carol Monson, DO, MS

**5 pm • Algonquin**

**Growing Strong: How Women are Shaping the Future of Medicine**

Mary Jo Voelpel, DO, FACOI, FACNM, MA, CS; Barbara Ross-Lee, DO, FACOFP

**6 pm • Algonquin**

**Sessions Conclude**

# Congratulations

## to incoming President Andrew Adair, DO, FAAFP, FACOFP



### President's Reception

Friday, May 19, 2023 | 7-9 pm | TC's Room

Music by pianist David Berriman

*Tickets can be purchased for \$35 at MOA registration.*



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# Saturday, May 20 Sessions (9 Credits)

Subject to change, visit [moaspring.com](http://moaspring.com) for any updates.

EVENT	TIME	ROOM
Registration	6:30 am-6 pm	Foyer
Visit with Exhibitors	6:30 am-6 pm	Foyer
Breakfast Product Theater	6:30-7:30 am	Charlevoix
CME Sessions	7:30 am-6 pm	Algonquin
Physician Wellness Center & Sign up	8 am-4 pm	Windover

**6:30 am • Charlevoix**  
Breakfast Product Theater by Sunovion (non CME)



**7:30 AM - 11:30 AM • Algonquin**  
Moderator: Elizabeth Swenor, DO

**7:30 am • Algonquin**  
Aging & Wellness  
Christina Lucas-Vougiouklakis, DO

**8:25 am • Foyer**  
Break / Visit with Exhibitors

**8:35 am • Algonquin**  
Relationship Between Soil Health and Human Health  
Benjamin Bolcer, DO

**9:35 am • Algonquin**  
Plant Nutrition & the Heart  
Joel Kahn, MD, FACC

**10:25 am • Foyer**  
Break / Visit with Exhibitors

**10:35 am • Algonquin**  
Lifestyle Medicine for Brain Health  
Ashley Houghteling, MSN, ANP-BC, NP-C, DipACLM

SATURDAY AGENDA CONTINUED ON PAGE 14

## Prize Drawings

ENTER TO WIN:

- MOA Spring Conference Registration
- NMOA Summer Conference Registration
- MOA Autumn Conference Registration
- MedNetOne Gift Basket
- \$50 Amazon Gift Card Donated by: Salus Group
- The Westin Southfield Detroit – One Night Stay
- MOA BBQ Gift Basket
- MSUCOM Spartan Gift Basket

Visit Exhibitors, win prizes!

Winner announced at 2 pm  
Saturday, May 20.



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# Saturday, May 20 Sessions (9 Credits)

Subject to change, visit [moaspring.com](http://moaspring.com) for any updates.

**11:30 am • Foyer**

**Break / Visit with Exhibitors**

**12:15-1:15 pm • Algonquin**

**Luncheon: Disaster Preparedness**

Marc Rosenthal, PhD, DO, FACEP, FAEMS

Moderator: Hal Friedman, DO

**1:15 pm • Foyer**

**Break / Visit with Exhibitors**

**2 PM - 6 PM • Algonquin**

Moderator: Gregg Silberg, DO, MBA, RPH, FACOI, FAOCR

**2 pm • Algonquin**

**Emergency Medicine: Crisis Management**

Steve Rockoff, DO, MBA, FAEMS, EMT-P, CMTE

**3 pm • Algonquin**

**Viral Infections**

Dennis Cunningham, MD, MHA, FAAP

**3:55 pm • Foyer**

**Break / Visit with Exhibitors**

**4:05 pm • Algonquin**

**COVID-19 Updates for Primary Care Providers**

Peter Gulick, DO, FACP, FACOI, FIDSA

**5 pm • Algonquin**

**What is a Physician Advisor?**

Jennifer Schell, DO, FAAP, FACOP, CHCQM-PHYADV

**6 pm • Algonquin**

**Sessions Conclude**

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AMENITIES IN WESTIN TOWN CENTER:**

- **Jamocha's Coffee Shop**  
Hours: Mon.-Fri. 6 am-2pm  
Sat.-Sun. 6:30 am - 1 pm
- **Tango's Restaurant**  
Hours: Sat.-Sun. 7 am-1 pm  
Mon.-Fri. 6:30 am-2 pm  
5 pm-10 pm  
Hours may vary.
- **Level 1 Lounge**
- **Skyline Club**

**PHYSICIAN WELLNESS CENTER**

Sign up onsite!

*Sign up in Windover for hands-on table training by osteopathic physicians.*

All participants required to sign a medical waiver prior to activities in the Physician Wellness Center.

**SATURDAY 8 am - 4 pm**



*Thank you, Sponsors!*

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**PRESIDENT'S RECEPTION**

- Des Moines University Medicine & Health Sciences
- Henry Ford Health
- Macomb County Osteopathic Medical Association
- Michigan Association of Osteopathic Family Physicians
- Michigan Osteopathic Association
- Oakland County Osteopathic Medical Association
- Optimal Home Care & Hospice
- Wayne County Osteopathic Medical Association

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## Sunday, May 21 Sessions (9 Credits)

Subject to change, visit [moaspring.com](http://moaspring.com) for any updates.

EVENT	TIME	ROOM
Registration Hours	7 am-4:20 pm	Foyer
Breakfast & CME	7-8 am	Foyer
CME Sessions	7 am-4:20 pm	Algonquin
Pick up boxed lunch	Noon-12:15 pm	Foyer

### 7 AM - 12 PM • Algonquin

Moderator: Annette Carron, DO, FACOI, FAAHPM, CMD

### 7 am • Algonquin

#### New Medications to Treat Migraines

Mary Megally, DO

### 8 am • Algonquin

#### Geriatrics & Palliative Care: Did You Really Want to Order That?

Annette Carron, DO, FACOI, FAAHPM, CMD

### 8:55 am

Break

### 9:05 am-3:20 pm • Algonquin

#### MI LARA Requirements

Pain & Symptom Management - 3 hours

(Includes prescribing controlled substances & 3 hours DEA training)

Human Trafficking - 1 hour

Implicit Bias Training - 1 hour

Medical Ethics - 1 hour

### 9:05 am • Algonquin

#### Balancing Safe and Effective Opioid Management to Treat Pain in 2023

David Neff, DO

### 10:15 am • Algonquin

#### Medications for Opioid Use Disorder (MOUD) - An Update on the Opioid Health Home with Case studies

David Best, DO, MS, ABAM

## Sunday, May 21 Sessions (9 Credits)

Subject to change, visit [moaspring.com](http://moaspring.com) for any updates.

### 11:30 am • Algonquin

#### Harm Reduction: Continuing the Paradigm Shift

Pam Lynch, LMSW, CAADC

### 11:50 am • Algonquin

#### Q & A

David Neff, DO; David Best, DO, MS, ABAM; Pam Lynch, LMSW, CAADC

### 12 pm - 12:15 pm • Foyer

Break / Pick up boxed lunch (pre-registration required)

### 12:15 PM - 4:20 PM • Algonquin

Moderator: Harold Friedman, DO

### 12:15 pm • Algonquin

#### Human Trafficking in the Healthcare Setting

Michelle Munro-Kramer, PhD, CNM, FNP-BC, FAAN

### 1:15 pm • Algonquin

#### Implicit Bias Training

Everett Kalcec, DO, M.M.

### 2:10 pm

Break

### 2:20 pm • Algonquin

#### Medical Ethics

Donna Kennedy-Williams, MSN, MA-Bioethics, NP-BC, ACHPN

### 3:20 pm • Algonquin

#### Sleep & Well Being

Virginia Skiba, MD

### 4:20 pm

Conference Concludes

**PROGRAM CONCLUSION 4:20 PM. THANK YOU FOR ATTENDING!**



**Appa Bandi, MD**  
Internal Medicine  
Sparrow Thoracic Cardiovascular Institute (TCI)  
Lansing, MI

**David Best, DO, MS, ABAM**  
Family & Addiction Medicine  
Best Medical Services, PLLC  
Traverse City, MI

**Benjamin Bolcer, DO**  
Family Medicine Resident  
Corewell Health  
Troy, MI

**Michael Brennan, DO**  
Internal Medicine, Endocrinology  
Corewell Health  
St. Clair Shores, MI

**Annette Carron, DO, FACOI, FAAHPM, CMD**  
Internal Medicine, Geriatrics/Palliative Care  
Henry Ford Health  
Clinton Township, MI

**Dennis Cunningham, MD, MHA, FAAP**  
Pediatrics, Infectious Disease  
Henry Ford Health  
Detroit, MI

**Ernest Gelb, DO, FACOP, AOA President**  
Family Medicine, Geriatrics  
American Osteopathic Association  
Chicago, IL

**Mary Goldman, DO**  
Family Medicine/OMM  
Osteopathic Health Care Associates  
Utica, MI

**Peter Gulick, DO, FACP, FACOI, FIOSA**  
Internal Medicine, Medical Oncology, Infectious  
Disease, Associate Professor  
MSUCOM, MSU, MDHHS  
East Lansing, MI

**Ashley Houghteling, MSN, ANP-BC, NP-C,  
DiPACLM**  
Functional Medicine  
Henry Ford Health  
Bloomfield Township, MI

**Joel Kahn, MD**  
Internal Medicine, Cardiovascular/Interventional  
Cardiology Medicine  
Kahn Center for Cardiac Longevity  
Bingham Farms, MI

**Everett Kalcec, DO, MM**  
Family Medicine  
McLaren Bay Region  
Bay City, MI

**Donna Kennedy-Williams, MSN, RN, FNP,  
ACHNP, MA-Bioethics**  
Geriatrics, Palliative Medicine  
Henry Ford Health  
Clinton Township, MI

**Chad Link, DO, FACC, FACOI**  
Internal Medicine  
Sparrow Thoracic Cardiovascular Institute (TCI)  
Lansing, MI

**Christina Lucas-Vougiouklakis, DO, DiPABLM**  
Family Medicine, Lifestyle Medicine  
Promedica  
Monroe, MI

**Pam Lynch, LMSW, CAADC**  
Director/Trainer  
Harm Reduction Michigan  
Ann Arbor, MI

**Mary Megally, DO**  
Neurology  
Henry Ford Health  
Detroit, MI

**Carol Monson, DO, MS**  
Family Medicine  
East Lansing, MI

**Michelle Munro-Kramer, PhD, CNM, FNP-BC,  
FAAN**  
Professor, Global Programs  
University of Michigan  
Ann Arbor, MI

**David Neff, DO, PT**  
Family Medicine, Pain Management  
Medicare & Grand River Family Care  
Okemos, MI

**M. Shane Patterson, DO**  
Internal Medicine, OMM  
Osteopathic Healthcare Associates  
Utica, MI

**Mohammed Qintar, MD**  
Internal Medicine  
Sparrow Thoracic Cardiovascular Institute (TCI)  
Lansing, MI

**Steve Rockoff, DO, MBA, FAEMS, EMT-P, CMTE**  
Emergency Medicine  
Henry Ford Health  
Detroit, MI

**Kathleen Rollinger, DO, FACOP**  
Family Medicine  
Corewell Health  
Saint Clair Shores, MI

**Marc Rosenthal, PhD, DO, FACEP, FAEMS**  
Emergency Medicine, Emergency Services  
Sinai-Grace Hospital/DMC  
Detroit, MI

**Barbara Ross-Lee, DO, FACOP**  
President, Maryland College of Osteopathic  
Medicine  
Past President American Osteopathic Foundation  
Morgan State University  
Baltimore, MD

**Jennifer Schell, DO, FAAP, FACOP, CHCQM-  
PHYADV**  
Pediatrics, Physician Advisor  
Munson Medical Center  
Traverse City, MI

**Virginia Skiba, MD**  
Internal Medicine, Neurology  
Henry Ford Health  
Detroit, MI

**Mary Jo Voelpel, DO, FACOI, FACNM**  
Internal Medicine, Oncology  
McLaren  
Orion, MI

**Adam Wolfe, DO**  
Internal Medicine  
University of Michigan Health-West  
Wyoming, MI

**Barbara Zajdel, DO, FAO**  
Family Medicine, NMM-OMM  
Integrated Family Medicine  
Farmington Hills, MI

## MODERATORS

**Annette Carron, DO, FACOI, FAAHPM, CMD**  
Internal Medicine/Palliative Care  
Henry Ford Macomb  
Clinton Township, MI

**Harold Friedman, DO**  
Family Medicine  
Livonia, MI

**Mary Goldman, DO**  
Family Medicine/OMM  
Osteopathic Health Care Associates  
Utica, MI

**Francis Komara, DO, FACOP**  
Family Medicine/Geriatrics  
Frankenmuth, MI

**Chad Link, DO, FACC, FACOI**  
Internal Medicine  
Sparrow Thoracic Cardiovascular Institute (TCI)  
Lansing, MI

**Kathleen Rollinger, DO, FACOP**  
Family Medicine  
Corewell Health  
Saint Clair Shores, MI

**Gregg Silberg, DO, MBA, RPH, FACOI, FAOCR**  
Family Medicine  
Silberg Healthcare Consulting, LLC  
Detroit, MI

**Elizabeth Swenor, DO**  
Family Medicine, Lifestyle, Integrative & Functional  
Medicine  
Henry Ford Health  
Bloomfield Township, MI

# The Economic Impact of Healthcare in Michigan

As the largest employer in many communities throughout Michigan, hospitals and health systems play a crucial role in the economic vibrancy of the state. Healthcare careers provide stable, good paying jobs in an environment that helps and positively impacts lives every day.



**\$46 billion**

Total in wages, salaries and benefits earned by direct healthcare workers in Michigan.

**\$19.6 billion**

Contribution in local, state and federal taxes from all healthcare-affiliated workers.

**1.04 million**

Total workers in and associated with the healthcare sector.

**568,000**

Total direct jobs in Michigan from healthcare.

Learn more at [EconomicImpact.org](http://EconomicImpact.org)



For more information about Michigan hospitals, visit [www.mha.org](http://www.mha.org).



PUBLISHED BY THE PARTNERSHIP FOR MICHIGAN'S HEALTH  
The Partnership for Michigan Health's is comprised of the MHA, MOA and MSMS.

## 2023 CME CONFERENCES



NMOA Summer Conference  
Mission Point, Mackinac Island  
June 15-18, 2023  
[www.domoa.org/nmoa](http://www.domoa.org/nmoa)



MOA Autumn Conference  
Amway Grand Plaza, Grand Rapids  
October 27-29, 2023  
[www.domoa.org/autumn](http://www.domoa.org/autumn)



## MOA CME Accreditation

The Michigan Osteopathic Association is accredited by the American Osteopathic Association to provide osteopathic continuing medical education for physicians. The Michigan Osteopathic Association designates this program for a maximum of 30 AOA Category 1-A credits and will report CME and specialty credits commensurate with the extent of the physician's participation in this activity.

MyMichigan Health is accredited by the Michigan State Medical Society (MSMS) to provide continuing medical education for physicians. MyMichigan Health designates this live activity for a maximum of 30 AMA PRA Category 1 Credit(s)<sup>TM</sup>. This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of MyMichigan Health and Michigan Osteopathic Association.



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