Dr. Fitton received his undergraduate degree from Defiance College where he graduated Suma Cum Laude prior to medical school at Michigan State University College of Osteopathic Medicine. He completed his residency in family medicine at Metro Health Hospital in Grand Rapids serving as chief resident his senior year. He then completed a Sports Medicine Fellowship at Sparrow Hospital/Michigan State University. Dr. Fitton is currently board certified in Family Medicine with a Certificate of added Qualification in Sports Medicine. He is an associate professor.

Dr. Fitton is an associate professor and serves as a Team Physician with Michigan State University Athletics as well as community events. He is also Associate Chief Medical Information Officer with MSU HealthTeam and participates as core Faculty for the Primary Care Sports Medicine Fellowship Program.