

2024 Michigan Osteopathic Association House of Delegate Council of Interns and Residents Update



Members of the Council of Interns and Residents (CIR) are a diverse group of individuals who are keen on ensuring that they advocate on behalf of the communities they serve. While advocacy takes many shapes and forms, one method includes bringing up key concerns to their state society in the form of resolutions. At this year's House of Delegates (HOD), new resolutions were brought forward, while strides rooted in previous resolutions were celebrated.

2024 Resolutions that were passed at the MOA HOD

Five of the six resolutions submitted by the CIR passed at the MOA HOD this year. There was a broad range of topics up for discussion, from supporting the rights of residents to unionize to advocating for greater osteopathic physician representation in media spaces. A copy of the resolutions can be found here: [CIR 2024 Resolutions](#). Here, we want to highlight how these resolutions came to light.



Resolution 2024-C: Supporting the Rights Of Residents To Unionize

"In the ever-growing dynamic healthcare system, the CIR continues to be the voice for the residents on the state level. As programs across the country have conversations about unionizing, we wanted to ensure that our residents who wish to explore the option of unionizing can do so, knowing that the MOA will always have their backs in advocating for the best of environments for residents to thrive on what matters most - providing care to the patients they care for. I am glad about passing Resolution 2024-C as we recognize how our profession continues to evolve."

Syed Rizvi (OMS-III, CIR eBoard Member)

Resolution 2024-A: Increasing Mental Health Crisis Training for Emergency Medicine Physicians

“During my Emergency Medicine Clinical rotation, I witnessed first hand the need for greater training in de-escalation strategies and resources in light of the increased number of mental health emergencies presenting to the local ER departments. After speaking with various stakeholders to gain further insight into the needs of the communities, gaps in current practice, and reading into the issue, it became apparent that this was a need not just locally, nor state level, but also at a national level.”

Anmol Pardal (OMS-III, CIR eBoard Member)



2023 Notable Resolution Updates

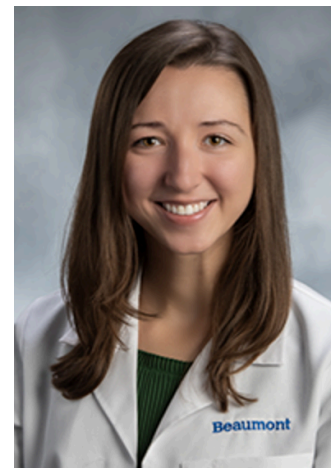
In collaboration with the MOA Student Liaison Committee and students part of Spartan Street Medicine at Michigan State University College of Osteopathic Medicine, **Resolution 2023 C “Improving Discharge Outcomes for those experiencing Homelessness”** was passed at the 2023 MOA HOD. Since the passing of that resolution, the MOA has partnered with MDHHS to open a task force to identify gaps within the discharge procedure and work with relevant stakeholders to fill those shortcomings. Additionally, MOA has advocated for the concern with state legislators passionate about the cause to see legislative options.

Additionally, recognizing that 36/50 states (with Michigan not being one of them) have pathways in place to expedite the exception process to Step-Therapy in place for physicians to utilize, the CIR submitted **Resolution 2023 B titled “Reducing Burdens in the Utilization of Step Therapy”** which was adopted at the 2023 HOD. Since then the MOA has taken legislative action with relevant stakeholders to push forward for having such pathways available in Michigan. Such things included pushing forward and backing Michigan House Bill 5339 which allows such an exception process.

We encourage you to reach out to learn more about how you can help us promote the voices for the residents and interns we represent!

Awards and Accomplishments

CIR has had several outstanding Interns and Residents serve in this committee. Their hardwork and dedication to their patients, communities and the osteopathic profession has not gone unnoticed. This year we recognize two wonderful leaders: Dr. Rebecca Gorz and Dr. Brittany Garza.



Dr. Rebecca Gorz completed her undergraduate degree in Human Biology from Michigan State University. She then went on to complete medical school at Michigan State University College Osteopathic Medicine (MSUCOM), Class of 2021. She is currently a third year Emergency Medicine resident. Dr. Gorz has been involved with the MOA since her time in medical school, her enthusiasm and commitment to the organization has been apparent in her continued participation through various roles, including being the past Chair of the CIR and bringing the committee back to its feet post COVID-eras.

We also celebrate Brittany Garza, current Chair of the CIR, on becoming the new MOA Board of Trustees member at the MOA HOD. Dr. Garza is also an MSUCOM medical student graduate, class of 2022. She is currently a PGY-2 Emergency Medicine resident at Central Michigan University. Dr. Garza has been an exemplary leader, team player as she continues to be involved in various activities in academia, community service and mentorship. As the Chair of CIR, Dr. Garza is “most excited about getting involved in making decisions that affect DOs across the state as well as networking with fellow residents and medical students.”



Goals for the future

The CIR is a committee of the MOA that is dedicated to fostering a sense of community amongst the osteopathic physicians practicing within Michigan, to create a safe space where residents can express their thoughts, and engage in advocacy efforts to promote the health of their communities. In the coming year, we are looking to hold meet-and-greets, group activities, didactics, advocacy projects, those are some things we have planned. But we want to hear from YOU, the residents, about what you would like to have us do to better support you.

Join the CIR at: [Register for CIR](#)

Contact us at: moa.councilofinternsresidents@gmail.com