RESOLUTION 2024-D

SUBJECT: INCREASING MENTAL HEALTH CRISIS TRAINING FOR EMERGENCY MEDICINE (EM) PHYSICIANS

SUBMITTED TO: Michigan Osteopathic Association House of Delegates

SUBMITTED BY: Michigan Osteopathic Association Council of Interns and Residents

REFERRED TO: Professional Affairs Committee

RECOMMENDATION: Approve as Amended

ACTION TAKEN AT MOA HOD: Adopted as Written

Whereas, individuals with a behavioral health emergency such as suicidal ideations, severe depression, or psychosis frequently seek assistance for those issues at the same location to which they would go for other emergent medical needs; and

Whereas, Emergency physicians often may have limited training in behavioral emergencies in emergency medicine. (There are a few EM programs that include significant experience or training in emergency psychiatry and the American Board of Emergency Medicine board certification exam has historically included very few questions that pertain to behavioral issues²); and

Whereas, providing comprehensive education and training in de-escalation techniques for residents in emergency medicine residency programs can improve their ability to manage challenging psychiatric patient encounters, reduce the risk of harm, and improve the quality of care provided to these patients in crisis; now¹, therefore, be it

RESOLVED, that the Michigan Osteopathic Association (MOA) advocates to the relevant stakeholders for greater emphasis on psychiatric emergencies in residency, more questions on the EM board exams, practicing de-escalation techniques in required monitored simulations, and provide continuing medical education courses on psychiatric emergencies for residents in emergency medicine residency programs across the state; and, be it further

RESOLVED, that the MOA encourages residency program directors and administrators to prioritize the development and implementation of psychiatric de-escalation training initiatives that are evidence-based, interactive, and tailored to the unique needs and challenges of emergency medicine practice; and, be it further

RESOLVED, that the MOA urges support residency training programs in the identification of resources, training materials, and expert faculty to facilitate the delivery of effective deescalation training to residents; and, be it further

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31 **RESOLVED**, that the MOA encourages ongoing evaluation and assessment of de-escalation

training programs to ensure their effectiveness, relevance, and alignment with best practices in

33 emergency medicine education.

References

- Michigan Behavioral Health Capacity in Emergency Departments. (2019, March 5).
 State of Michigan. Retrieved February 16, 2024, from <a href="https://www.michigan.gov/-/media/Project/Websites/mdhhs/Folder3/Folder56/Folder2/Folder156/Folder1/Folder256/MDHHS_Hospital_BH_Capacity_Report-FINAL_UPDATED_March_2019.pdf?rev=a0fbb58c25914790a696dc7460c08a6b
- Zun, L. (2016, March 2). Care of Psychiatric Patients: The Challenge to Emergency Physicians. NCBI. Retrieved February 16, 2024, from https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4786237/