

Saturday, May 14, 2016

MOA Luncheon & Town Hall Meeting

Combatting the Opioid Mortality Crisis: The Perspective from the Governor's Task Force

Moderators:

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1 First Things First - Prevent Death With Naloxone

- ▶ Expand access to and use of naloxone by law enforcement, family and friends to reverse an opioid overdose and save more lives.
- ▶ Help create unfettered access to naloxone for those at high risk of overdose

Resource: www.cdc.gov/drugoverdose/opioids/odprevention.html

2 Stabilize Addiction with Medication-Assisted Treatment (MAT)

- ▶ MAT is a comprehensive way to address the needs of individuals that combines the use of medication (buprenorphine, naltrexone, or methadone) with counseling and behavioral therapies.
- ▶ Help expand access to MAT by obtaining an xDEA waiver for Office-Based Opioid Treatments (OBOT)

Resource: <http://www.cdc.gov/drugoverdose/opioids/odprevention.html>

3 Establish Long-term Person-Centered Treatment Goals for Successful Recovery

- ▶ The best treatment programs provide a combination of therapies and other services to meet the long-term needs of the individual patient.
- ▶ Assessment and Evidence-Based Treatment
- ▶ Clinical Case Management and Substance Abuse Monitoring
Recovery Support Programs and Continuity of Care

Resource: www.drugabuse.gov/publications/drugfacts/treatment-approaches-drug-addiction

4 Change Opioid Prescribing Habits

- ▶ Use the New 2016 CDC Pain Guidelines to Balance Appropriate Pain Management While Preventing Abuse and Addiction
- ▶ Use Non-opioid treatment options whenever possible, including OMM and Behavioral Therapies
- ▶ Start slow and go slow - avoid increasing dosage to ≥ 90 morphine milligram equivalents (MME)/day
- ▶ Avoid concurrent therapies, especially with benzodiazepines and other sedating medications
- ▶ Review the Michigan Automated Prescription System (MAPS) to detect signals of misuse & abuse
- ▶ Offer Treatment for Opioid Use Disorder
- ▶ Perform Urine Drug Testing (UDS) and Use Patient Management Contracts

Resource: www.cdc.gov/drugoverdose/opioids/odprevention.html

5 Shrink the Supply and Demand of Illicit Drugs

- ▶ Reducing illegal drug options is key to preventing and treating addiction
- ▶ Effectively Treat Addiction to Shrink Demand
- ▶ Limit Prescription Quantities
- ▶ Expand Community Education Programs
- ▶ Expand Community Take-back Programs

Visit www.domoa.org/opioids for a list of useful resources

